



LIFE SKILLS MANAGEMENT PROGRAM

The Life Skills Management Program provides additional support for clients living at home. This service goes beyond the scope of assistance that a home health aide is able to provide.

Your Life Skills Manager could assist you with:

- Writing checks and paying your bills.
- Scheduling doctors appointments.
- Coordinating contractors and repairmen (plumbers, electricians, landscapers, carpenters, housekeeping services, dog walkers, etc.)
- Assisting you with calling social security, medicare, health insurance providers, the cable or phone company, your bank or credit providers, etc.
- Making grocery lists.
- Writing out personal letters, birthday and holiday cards.
- Sorting mail and helping you understand mail you receive.

There are many other ways your Life Skills Manager may assist you. Let Spring Hills Home Care Services customize your support program today!